



Visitors Guide

SLIPWAY COTTAGE

No.14, Churchhaven



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Welcome

On the banks of a unique lagoon in the West Coast National Park, this modern cottage is perfectly positioned on the beach and offers uninterrupted views of the lagoon which promises an array of beautiful birdlife and a game rich vlei with various buck and ostrich.

We invite you to relax, kick off your shoes and stroll with sandpipers and seagulls along the tide-patterned beaches. Then enjoy something special on the veranda as a flock of flamingo's wheel overhead, caught- pink-winged - by the setting sun. It's a privilege to be here, living in harmony with our fellow park dwellers: the eland, ostrich, tortoise, buck, mice, caracal, prolific birdlife and even the snakes.

Slipway Cottage has been designed and furnished for comfort whilst also staying true to the West Coast style. Enjoy these to the full and bear in mind that part of your experience is about low environmental impact and a return to the simple pleasures with limited internet coverage. The cottage has no Mains water or Eskom power. Out here in the wilderness, systems need to be handled with tender care and not tampered with as help is a long way off.

The hamlet of Stofbergfontein is a place for rest, relaxation and lapping up the sounds of the distant sea and the call of birds. It is not a place for loud music, parties or fast cars, and we ask you to respect this, as well as the privacy of our permanent residents – the Lagooners.

About the house

Arrival & Departure times

Arrival time from 14:00 and departure time strictly 10:00, unless otherwise arranged to ensure enough time to clean the cottage before the next guests arrive.

Please take note of the reserve opening times:

- 1 April to 31 August from 07h00 to 17h30
- 1 September to 31 March from 07h00 to 18h30

Keys

You will be informed where to collect the keys to the cottage. Please remember to return the keys on departure for the next guest.

WIFI

The WIFI password will be shared with you. Please note that the internet in the area is very unstable.

Cleaners & Tips

It is not necessary to clean the house before departing but please do your own dishwashing as you go along. A dishwasher has been provided for your convenience - please do not place plastic kitchen ware that is not dishwasher safe in the dishwasher. It is recommended that the dishwasher is used only once a day. Dirty dishes not only get more difficult to clean with age and mildew quickly on the West Coast, they also attract mice that come looking for an easy food source.

If you would like the cleaners to come at any other time during your stay, please contact Elmarie on 072 698 6343 for a quote. If you wish to tip the cleaners, please give the money to Elmarie directly and she will distribute the funds fairly - it creates difficulties when given to the wrong person.

Laundry baskets

Please don't forget to take your clothes out of them when you leave. You are welcome to place dirty house linen or towels inside them and the cleaners will take care of them.

Lost & Found Items

With every stay, people always seem to leave something behind, it can take up to 15 days to get items back to you at a surcharge. We either send items via PAXI (PEP store-to-store) or via courier at your own cost.

Window latch

Please open window latch to the braai outside with two hands as the pistons are very strong and can break if not handled with care.

Water

A semi-arid climate and low winter rainfall make water an extremely scarce resource on the West Coast. So be comfortable, but not opulent in your usage and please don't waste. We recommend you do not drink the water from the taps. Therefore, bottled water is advised and, if you haven't brought it with you, is available on sale from Geelbek Restaurant (022 772-2134) or Langebaan. If you do drink the water from the taps you will find it salty, but otherwise fairly harmless.

To avoid running out of water – ensure toilet handles are up after flushing so the water will stop running through the toilet bowl. Adults please assist kids with this. Baths should be shallow, wallowing is allowed in the lagoon. Keep showers brief. Stagger bathing between evenings and mornings. Close taps fully. Ensure no taps are left running. Fill a basin for washing up and limit dishwashing to three times a day or once in the dishwasher.

Toilets

Please take special care when using the loos. Only toilet paper and natural substances should be flushed down the loo. The toilets work on a delicate biodegradable system, so please do not flush any foreign objects or substances other than toilet paper down the toilet.

Oils, Fats & Scented Liquids

The sewerage system cannot handle cooking oil so please do not pour or wash fats and oils down the kitchen sink as the oil blocks the system. Decant excess oils to a takeaway bottle and wash very fatty pots in the sink outside the kitchen door.

Electricity & Lights

Electricity is provided by solar panels and is therefore limited, particularly in overcast weather. Power is intended for activating the pumps (to raise water pressure, supply hot water, and empty the sewerage tanks). We invite you to recapture the ambience of yesteryear with the romance of candles and paraffin lamps. Save the lights for food preparation and a bit of bedtime reading. We would ask parents to oversee the use of bedroom lights by children and ensure that lights are not left on when rooms are empty or during the day. Please make someone responsible for doing a room check when you leave.

It is advisable to not use blow-dryers, toasters, electric kettles, coffee-machines or other electric appliances. Although they are provided in the house – not using them will ensure that you have sufficient power during your stay. Also please limit the use of TV's, cell phone chargers and laptops.

The refrigerator is electric and should always be left on. The refrigerator doesn't use much electricity, so don't worry about it draining the batteries completely.

Candles & paraffin lamps

Are a lovely way to light the house at night and you will need them. Please take care when moving candles around and be aware that wax drips. Special care should be taken when children are involved, and it is not recommended to use candles without adult supervision. Blow candles out at night and when you leave the room.

Firewood

Wood is provided for the inside fire place and pizza oven as well as for the outdoor braai and fire pit and should be in plentiful supply. Extra wood is located under the braai on the veranda. However, if supplies run out, please contact Elmarie at 072 698 6343 to arrange and pay for the wood immediately upon receipt.

Bedcovers & Scatter Cushions

Please treat these as you would your own as they are expensive to replace and lovely to have. Please take cushions in off the verandah at night, during bad weather and when you depart. Please do not store cushions in the basement as they will go moldy. All the bedrooms have cupboards/shelves in which to store spare scatter cushions while you are on holiday so if you find them a nuisance or have small children, we recommend storing them in the cupboards for the duration of your stay. Please do not leave them on the floor or take bed linen outside.

Nespresso machine

Nespresso Coffee Machine

1. Fill the water tank at least halfway.
2. Turn the Nespresso machine on.
3. Place a cup of the proper size below the coffee outlet.
4. Open the capsule container.
5. Slide your Nespresso pod in the machine and secure the lid.
6. Press the button, selecting the correct cup size.
7. Eject the used capsule by lifting the lever

Nespresso Milk Frother

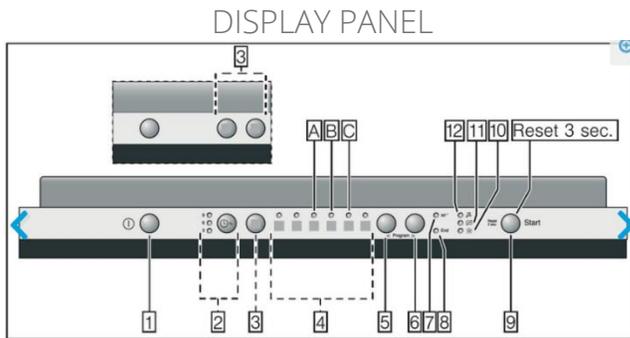
1. Press for hot and hold down for cold to enjoy either a perfectly heated cappuccino or a refreshing iced coffee.
2. 120ml milk froth capacity, enough to prepare two Cappuccinos or one Latte
3. 240ml hot milk capacity

HOW TO CLEAN: place the jug directly under running water using a non-abrasive cloth making sure that the underside of the milk frother is dry. **Please be sure to wash the frother after each use.**

Pizza Oven

1. Open the door of the pizza oven and the chimney smoke control vent
2. Place some kindling in the center of the oven
3. Carefully light the firelighter and leave the match placed by it, still in the center of the kindling
4. Add a few more logs
5. Wait as the pizza dome turns black
6. Continue to add more logs, using suitable tools and gloves to stoke the flames.
7. Allow the temperature to continue to increase
8. Close the oven's smoke control
9. Move the fire embers to the side
10. Check for embers still burning
11. Place food inside – a good wood fired oven should stay hot for at least 2 hours

Dishwasher – Siemens SD6P1S



Control panel

- 1 ON/OFF switch
- 2 Timer programming *
- 3 Additional options **
- 4 Programme **
- 5 Button <
- 6 Button >
- 7 Cleaning display
- 8 End display
- 9 START button
- 10 Rinse aid refill indicator
- 11 Salt refill indicator
- 12 Display "Check water supply"

* depending on model
** Number depending on model

- To switch ON the appliance and select the program, proceed as follows:
 - Switch on the ON/OFF switch ①.
 - The display of the last selected program flashes. This program remains selected unless another program is selected with the button <⑤ or button >⑥.
 - Press the START button ⑨. Close the door. The program starts running.

- To switch OFF the appliance, proceed as follows:

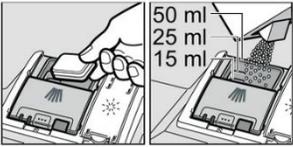
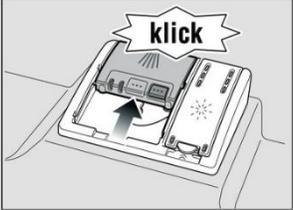
Short time after the end of the program:

 - Open the door. Switch on the ON/OFF switch ①.
 - Remove the utensils when they have cooled down.

- To INTERRUPT the program, proceed as follows:
 - Open the door. Switch off the ON/OFF switch ①.
 - The LED goes out. The program is saved.
 - If the door was opened on an appliance which has a warm water connection, or the water is heated, first leave the door ajar for several minutes, and then close. Otherwise, pressure may cause the appliance door to spring open or water to run out of the appliance.
 - To continue the program, switch on the ON/OFF switch ① again. Close the door.

- Adding Detergent:
 - If the detergent dispenser is still closed, press the lock to open the detergent dispenser.
Pour detergent into the dry detergent dispenser only (insert tabled flat, not on its edge)
The graduated detergent dispenser helps you add the correct amount of powder or liquid detergent. Usually 20 – 25 ml are adequate for normal soiling. If using tablets, one tablet is adequate.
 - Close the cover on the detergent dispenser by sliding it up until the lock engages without difficulty.
 - For full instructions, see: <https://www.manualslib.com/manual/784550/Siemens-Dishwasher.html#manual>

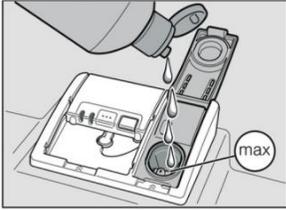
Adding Detergent

Close cover until it clicks shut. To prevent excessive foam formation during the next rinse cycle, remove any rinse aid which has run over with a cloth.

Adding Rinse Aid

- Carefully pour rinse aid up to the max. mark in the filler opening.



Close cover until it clicks shut. To prevent excessive foam formation during the next rinse cycle, remove any rinse aid which has run over with a cloth.

Adding Salt

- Open the screw-type cap of the compartment
- Then add dishwasher salt (**not table salt or tablets**).
The water is displaced and runs out. As soon as the salt refill indicator  on the fascia is lit, top up the salt.





Buttons (from left to right):
 Temperature selection
 Spin speed selection
 Option selection
 Confirm option
 Remaining time
 Child Lock

Start/Pause button:
 For starting and stopping working cycles.

Programme Selector
 For switching the washing machine on and off and selecting programmes. Can be turned in either direction. Does not turn while programmes are in progress.

- To switch on the appliance and select the program, proceed as follows:
 - Turn the program knob in either direction. This switches on the washing machine.
 - Select the washing program. Press the Start Pause Button. The time left to the end of the program on the display. The symbols on the display light up to identify the information shown.
 - The default spin speed values are shown. The initial settings can be modified using the button underneath the sequence of spin speeds and temperatures.
 - If spin speed “No” is set, there will be no spin cycle and the appliance will stop with the tank full. If this value is set the appliance does not perform the final spin and the washing program ends with water in the tank.
 - The washing program in progress can be interrupted at any moment by simply turning the program knob to select the new program. The new cycle will be carried out completely, beginning from the start.
 - Washing programs are completed automatically. The word END appears on the display and the “Time Remaining” light goes out.
 - Switch the appliance off by turning the program knob to OFF.
 - Once laundry is unloaded, leave the door ajar to allow the interior of the washing machine to dry out.
 - Turn off the water intake tap.

- Adding Detergent & Additives

The internal tray comprises three compartments, marked with the symbols



prewash detergent



main wash detergent



for fabric conditioner, starch, additives, etc. (e.g. treatment products). The additives are added to the washing tank automatically during the final rinse.

PLEASE NOTE:

- The appliance is fitted with a safety device which prevents the door from being opened while the program is in progress.
- If the washing program is interrupted, it will be from 3 – 15 minutes before the door can be opened, depending on the temperature reached inside the appliance.
- If the door is not properly closed, a safety device prevents the washing machine from starting.
- The washing machine can be loaded with up to 7kg's of washing for each wash. If this weight is exceeded, the washing results will be poor, and the appliance may malfunction.

For full instructions, please see: <https://www.manualslib.com/manual/343911/Smeg-Lst127.html#manual>

Snakes / snake bites

Cape cobras, puff adders, boomslang and other venomous snakes are your fellow citizens in Stofbergfontein and the rest of the park. Particularly dangerous are puff adders which lie lazily in sunny spots and can easily be stepped on. A family doctor has advised that administering anti-serum outside of hospital is extremely dangerous because of the risk of anaphylactic shock which is more likely to be fatal than the snake bite. Suggested course of action for a snake bite: (No liability can be taken for this advice!)

1. Immobilize the patient immediately; if possible, get a description of the snake for identification purposes.
2. Strap/bind the entire limb;
3. Get the patient to a major hospital with good ICU unit (Red Cross recommended for children) as fast as possible – by helicopter if available (Tel: 082-911)
4. Phone the hospital ahead so that they can be prepared with the correct anti-serum.

If there is a snake which needs to be removed, please call Elmarie rather than killing it.

House Rules

- No Pets
- No smoking in the house
- No quad bikes/motor bikes/motorized boats
- No parties, loud music or noise
- No domestic workers unless approved
- Save water and conserve electricity
- No foreign matter flushed down toilets
- Guests must abide by Stofbergfontein Home Owners Rules at all times, a copy of which is in the manual and in the cottage
- On leaving the cottage all lights must be turned off
- All outside cushions must be brought inside at night, in bad weather and when you depart
- No bed-linen may be taken outside and used on the verandah
- Bathroom towels may not be taken to the beach – please use the beach towels provided in the beach basket

Emergency Numbers

Any emergency:	082-911
Ambulance	10177
NSRI (at Mykonos)	082-911 021-449-3500
WEST COAST NP (a/h)	022-772-2144 (security gate)

Hospitals nearby

Christiaan Barnard	021-423-4835
Panorama Medi Clinic	021-930-4180
Red Cross Childrens'	021-658-5111
Tygerberg Poison info	021-931-6129

Useful numbers

Elmarie Leonard	072 698 6343
West Coast National Park	022 772 2144
Weather	082 162
Geelbek Restaurant	022 772 2134

West Coast National Park

Gate Opening Times:

1 April to 30 September	07h00 – 18h30
1 October to 31 March	06h30 – 19h30

Postberg:

August/September	09h00 – 17h00
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Points of Interest

You have to venture deep into the **West Coast National Park** to even reach this village, which lies beside a quiet lagoon surrounded by pristine white-sand beaches. Most of the cottages here don't have electricity or running water, and the village doesn't show up on most maps. It even makes nearby Kraalbaai look "too touristy". The area around the lagoon is populated by ostriches and flamingos, and the occasional whale, dolphin or sand shark can be sighted from shore.

Don't miss: The West Coast is a beautiful stretch of coastline that offers plenty of opportunities to spot whales. There are numerous small, coastal towns along this stretch that are havens of fishing, hiking and adventure sports. During the spring flower season, they are also covered in carpets of Namaqualand wildflowers that are an attraction in their own right. Try Langebaan, Paternoster, Lambert's Bay or Yzerfontein for a unique whale-watching experience away from the crowds.

Fun fact: A set of fossilised female footprints were discovered on the shore of the Langebaan Lagoon in 1995. They are believed to be 117 000 years old, making them the oldest known footprints belonging to an anatomically modern human. They are referred to as "Eve's footprints", which is appropriate since the West Coast National Park feels like it could well be the Garden of Eden.

Where to eat: The ocean, of course! Catch some fish and stick them on the fire, just like our hunter-gatherer ancestors used to do. There are a few options in nearby

<https://www.tripadvisor.co.za/Restaurants-g930812>

[Langebaan Saldanha Bay Municipality Western Cape.html](https://www.tripadvisor.co.za/Restaurants-g930812-Langebaan_Saldanha_Bay_Municipality_Western_Cape.html)

https://www.sanparks.org/parks/west_coast/tourism/restaurant.php

Distance from Cape Town: 1.5 hours

Also See:

Cape West Coast Beaches	Cape West Biosphere Reserve
Cape West Coast Biosphere Trails	Postberg Flower Reserve
West Coast National Park	Whale Watching in the Cape West Coast

<https://www.sa-venues.com/destinations/westerncape/churchhaven/attractions/>